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## **Annual Gender Sensitisation Action Plan**

Gender Sensitisation is one fundamental requirement for the normal development of an individual. Without being sensitive to the needs of a particular gender, an individual may refrain from understanding the opposite gender. The need for this sensitivity has been felt and realized through times immemorial and in almost all kinds of human existence, across the globe. But somehow in recent times, a much stronger need is felt and realised to talk and discuss about this sensitive topic both on a personal and professional front. It is felt that individuals need to be more open-minded, rational and unbiased in their thoughts and actions. There is an urgent need to shatter the load of our orthodox beliefs and biases values to accentuate the progressive existence of both the genders.

Gender sensitivity can help root out negative attitude about gender and sexuality; it helps us de-condition ourselves to make way for more progressive values. Although the law mandates gender sensitisation in educational institutions, not everyone takes it seriously. In a world preoccupied with assigning the onus of safety to survivors and marginalised groups, an effective gender sensitisation session should raise awareness among everyone. Gender sensitisation can be understood in simple terms as a modification of behavior by addressing issues of gender inequality. Govt. P.G. College for Women, Rohtak is a powerhouse of gender sensitisation as it is the college from where thousands of students graduate every year and carry with them a 'mindset' trained here. The college is committed to gender sensitisation which is reflected in its annual gender sensitisation action plan.

### **Gender Sensitisation Action Plan**

- To sensitise the new students by regular sessions within the induction and the orientation programmes.
- To provide a mentor (who will be a teacher of her department) to the new students, weekly meeting between the mentor and mentee are to be conducted for them to smoothen the burden of study and to ease the stress in the new atmosphere.
- To conduct awareness programme for safety and security on regular basis.
- To organise annual defence training workshops for empowering the girls.
- To organise yoga workshops and fitness training programme for the physical and mental fitness of the young girls.
- To conduct regular meetings of the committees of Grievances and Redressal cell to ensure the safety and security in all aspects.
- To sensitise the young girls by the inclusion of topics related to Gender sensitisation for the girl students.
- To conduct counselling sessions for the girl students.

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### **Our Objective of Gender Sensitisation**

- To create an environment of justice
- To instill positive values so as to erase biases in the young developing minds as they progress towards the fair and unbiased society.
- To create an inclusive gender diverse workplace with fair practices.
- To work towards modification of behaviour by raising awareness of gender equality concerns.
- To appreciate the fact that the rights of every woman is as important as her male counterpart.
- To create an open minded society.
- To familiarise them with their constitutional rights and safeguards.
- To provide mentorship.
- To establish a formal mechanism to deal with the issues related to sexual discrimination and abuse.
- To conduct gender awareness and sensitisation activities on regular basis .
- To foster Student's Code of Conduct that promotes gender parity at the governance level.

### **Related Bodies in Gender Sensitisation**

- Women studies and Development cell
  - Grievances and Redressal cell
  - Anti Ragging Committee
  - Counselling cell
  - IQAC
  - Mentor- Mentee committee
  - N.S.S
  - N.C.C
  - Legal Literacy cell
  - Youth Red Cross
  - Placement cell
  - Subject Societies/Departments
  - Literary and Cultural Committee

## Annual Gender Sensitization Action Plan (2022-2023)

S.No	Month	Title of the Programme	Organizing Committee
1	September, 19 - 2022	Extension Lecture on “Women Health Issues”	Women Cell
2	September, 27-01 Oct. 2022	Workshop on “Beauty & Wellness”	Women Cell
3	October, 06 - 2022	Poetic Recitation on Women Empowerment	Women Cell
4	October, 11 - 2022	Signature Campaign in College on the Occasion of “International Girl Child Day”	Legal Literacy Cell
5	October, 31- 07 Nov. 2022	Self Defence Workshop	Women Cell
6	November, 03 - 2022	Extension Lecture & Training Programme on “Up skilling Yourself” through Saylor Academy Courses	Placement Cell
7	November, 19 - 2022	Inter College Rangoli Competition under SVEEP Action Plan 2022-23 by District Election Office, Rohtak	Fine Arts & Electrol Club
8	November and December 2022	Educating Orphaned Children under Earn while you learn Scheme	National Cadet Corps
9	December, 10 - 2022	Workshop on Human Rights Day and Cyber Crime	National Service Scheme
		Celebration of “Human Rights Day”	Legal Literacy Cell
10	February, 04 - 2023	Workshop on “Self Defence Training”	National Service Scheme
11	February, 10 - 2023	Self- Defence Training Programme	Women Cell
12	February, 11 - 2023	Workshop on Soft Skills	Placement Cell
13	February, 11 - 2023	Workshop on “Career Counselling”	Women Cell
13	February, 14 - 2023	Workshop on “Women Health Issues”	Women Cell
14	February, 16 - 2023	Extension Lecture on “Career in Armed Forces and Value of Discipline in Life	Zoology Department
15	February, 28 - 2023	Workshop on PCOS, PCOD and Health Awareness	Women Cell
		Extension lecture on “PCOD and General hygiene”	Zoology Department
16	March, 01 - 2023	Extension Lecture on “How to prepare for Administrative Services”	Placement Cell
17	March, 14 - 2023	Workshop on “Sexual Harassment of Women at Workplace”	Women Cell
18	March, 24 - 2023	Extension Lecture on “Mental Health Awareness”	Counselling Cell
19	March, 31-2023	Campus Placement Drive	Placement Cell
20	April, 19 - 2023	Blood Donation Camp	National Service Scheme

