

Annual Gender Sensitisation Action Plan

Gender Sensitisation aims to inculcate values of equality, inclusivity and diversity, which are essential for building a healthy society. It can lead to gender justice and it can be taught through gender sensitivity training. Without being sensitive to the needs of a particular gender, an individual may refrain from understanding the opposite gender. The need for this sensitivity has been felt and realized through times immemorial and in almost all kinds of human existence, across the globe. But somehow in recent times, a much stronger need is felt and realised to talk and discuss about this sensitive topic both on a personal and professional front. It is felt that individuals need to be more open-minded, rational and unbiased in their thoughts and actions. There is an urgent need to shatter the load of our orthodox beliefs and biases values to accentuate the progressive existence of both the genders.

Gender sensitivity can help root out negative attitude about gender and sexuality; it helps us de-condition ourselves to make way for more progressive values. Although the law mandates gender sensitisation in educational institutions, not everyone takes it seriously. In a world preoccupied with assigning the onus of safety to survivors and marginalised groups, an effective gender sensitisation session should raise awareness among everyone. Gender sensitisation can be understood in simple terms as a modification of behavior by addressing issues of gender inequality. Govt. P.G. College for Women, Rohtak is a power house of gender sensitisation as it is the college from where thousands of students graduate every year and carry with them a 'mindset' trained here. The college is committed to gender sensitisation which is reflected in its annual gender sensitisation action plan.

Gender Sensitisation Action Plan

- To sensitise the new students by regular sessions within the induction and the orientation programmes.
- To provide a mentor to the new students, weekly meeting between the mentor and mentee are to be conducted for them to smoothen the burden of study and to ease the stress in the new atmosphere.
- To conduct awareness programme for safety and security on regular basis.
- To organize annual defence training workshops for empowering the girls.
- To organise yoga workshops and fitness training programme for the physical and mental fitness of the young girls.
- To conduct regular meetings of the committees of Grievances and Redressal cell to ensure the safety and security in all aspects.
- To sensitise the young girls by the inclusion of topics related to Gender sensitization for the girl students.
- To conduct counseling sessions for the girl students.

Our Objective of Gender Sensitisation

- To create an environment of justice
- To instill positive values so as to erase biases in the young developing minds as they progress towards the fair and unbiased society.
- To create an inclusive gender diverse work place with fair practices.
- To work towards modification of behavior by raising awareness of gender equality concerns.
- To appreciate the fact that the rights of every woman is as important as her male counterpart.
- To create an open minded society.
- To familiarize them with their constitutional rights and safeguards.
- To provide mentorship.
- To establish a formal mechanism to deal with the issues related to sexual discrimination and abuse.
- To conduct gender awareness and sensitization activities on regular basis.
- To foster Student's Code of Conduct that promotes gender parity at the governance level.

Related Bodies in Gender Sensitisation

- Women studies and Development cell
- Grievances and Redressal cell
- Anti Ragging Committee
- Counseling cell
- IQAC
- Mentor-Mentee committee
- N.S.S
- N.C.C
- Legal Literacy cell
- Youth Red Cross
- Placement cell
- Subject Societies/Departments
- Literary and Cultural Committee

Annual Gender Sensitisation Action Plan 2023-2024)

S.No	Month	Title of the Programme	Organizing Committee
1	01 September 2023	CPR Training	Youth Red Cross
2	02 September 2023	Seminar on “Importance of Eye Donation”	Youth Red Cross
3	11 September 2023	An inter class essay writing competition on “Addiction of Social Media”	English Literary Cell
4	11-12 September 2023	Talent search competition	Home Science Society
5	26 September 2023	Health awareness training camp	Youth Red Cross
6	30 September 2023	Celebration of National voluntary Blood Donation day	Youth Red Cross
7	18 October 2023	One day Health check up Camp(Dental & Skin)	Women Cell
8	20 October 2023	Extension Lecture on “Cyber Crime and Social Issues of Women”	Legal Literacy Cell
9	23 October 2023	Extension Lecture on “Cyber Security”	Women Cell
10	25 October 2023	Motivational Lecture	Women Cell
11	30 October 2023	One day Workshop on “Boosting Culinary Skill	Home Science Society
12	02 November 2023	One day First Aid and Home Nursing Camp	Youth Red Cross
13	03 November 2023	Students “Trade Expo & Carnival”	Home Science Society
14	09 November 2023	Quiz Competition on “Traffic Safety awareness”	Traffic Interpretation Cell
15	08-18 January 2024	Ten days Camp for “Yoga and Meditation”	Women Cell
16	11-12 January 2024	Two days Workshop on “Lippan Art”	Women Cell
17	15 January 2024	“Blood Donation Camp”	Youth Red Cross
18	12-20 January 2024	Seven days Workshop on “Women’s Health”	Women Cell
19	15-23 January 2024	Nine days Self Defense Camp	Women Cell
20	29 January 2024	Poster making and Pot decoration competition on “HIV Aids”	Youth Red Cross
21	13 February 2024	Extension Lecture on “National Women’s day”	Legal Literacy Cell
22	28 February 2024	Extension Lecture on “Awareness on Cancer”	Zoology Department
23	29 February 2024	One day Health Camp(Cancer)	Women Cell, Youth Red Cross
24	13 March 2024	Extension Lecture on “Fire Safety”	Disaster Management Committee
25	15 March 2024	An inter class declamation competition on “Women Empowerment challenges and opportunity”	English Literary Society
26	18 March 2024	Mental Health Workshop	Psychology Society